

WESTHAMPTON NFL FLAG FOOTBALL – JERSEY SIZE ORDERING GUIDE

To order the correct NFL Flag jersey size, you should refer to the official size charts which use **chest width** and **body length** measurements, or approximate sizes based on **weight**. It is important to measure accurately as leagues often do not stock extra jerseys for exchanges.

Measuring for the Right Fit

The most reliable method for determining the correct size is to take body measurements or measure an existing shirt that fits well.

- **Chest Width/Circumference:** Measure around the fullest part of the chest, just under the armpits. For a flat measurement, measure straight across the chest from seam to seam about an inch below the armhole.
- **Body Length:** Measure from the neck seam (the highest point of the shoulder where the collar meets the shoulder) straight down to the bottom hem of the shirt.

NFL Flag Jersey Size Charts

Below are general size charts for NFL Flag jerseys based on official sources, though specific league sizing may vary slightly. Note that Adult Small sizes are typically not available; Youth X-Large is considered the closest alternative.

Size	Approximate Weight (lbs.)	Chest Width (inches, flat)	Body Length (inches)
Youth S	35 - 55	30"-31"	21"-23"
Youth M	50 - 75	33"-34"	23"-24"
Youth L	70 - 95	36"-37"	25"-26"
Youth XL	90 - 120	38"	26"
Adult M	120 - 145	43"-46"	30"-31"
Adult L	145 - 165	47"-48"	30"-32"
Adult XL	165 - 200	51"	31"-33"
Adult XXL	200+	54"-55"	32"-34"

If you are unsure between sizes, it is generally recommended to **choose the larger size**, especially if you plan to wear other clothing (like a hoodie) underneath. The jerseys have an athletic fit designed to reduce extra material.

- **League Policies:** We do not keep extra jerseys in stock, so it is important to select the correct size during registration to avoid additional costs or an ill-fitting uniform.