

Westampton Recreation Youth Indoor Soccer League COVID-19 Guidelines

- To help prevent the spread of the coronavirus 2019 (COVID-19) and/or to prevent games from being canceled, all participants, coaches, and spectators are required to follow these procedures and do their part to have a safe and successful season. The league exists strictly to allow kids to be able to play indoor soccer.
 - Families must sit together and will be required to wear a face covering and maintain 6 feet of social distancing. Only players PLAYING in a game do not need to wear a face mask.
 - All spectators and coaches will be required to wear face coverings at all times. No one will be able to gain admission without a face covering. Anyone who fails to do so will be given 1 warning before being escorted out of the facility. This is a zero-tolerance policy. Games will be forfeited should this policy not be upheld.
 - Immediately after scheduled game(s), players, coaches, and spectators are required to leave the facility/event immediately. New teams cannot enter until teams that have just played have cleared out.
 - Incoming teams will not be allowed to enter facilities until the previous team and spectators have cleared out or no sooner than 10 minutes before the start of the game, whichever comes first.
 - Teams are not allowed to congregate in common areas before, between, or after games.
 - Coaches are responsible for the actions and cooperation of their teams and parents. A warning will be issued at first, followed by 60 seconds of game stoppage for the coach to get his/her team and parents to comply, then the game will be forfeited.
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- If these guidelines are not being followed, it will result in the local schools closing their gyms and the league being canceled. Therefore, coaches must follow these guidelines and will be responsible for enforcing them among their teams.
 - Hand sanitizer will be available when possible.
 - Families must sit together and be at least 6 feet from the nearest spectators.
 - Spectators/Families will not be able to eat or drink in the bleachers/gym.
 - Program participants will not share water/sports drinks with non-family members.
 - Should games be canceled because of COVID-19, the games will not be made up. Programs will be paused or canceled with the recommendation from the local health department.
 - Proactive communication will be used should changes/adjustments for the Indoor Soccer program need to be made via email blast, the Westampton Recreation website, and Facebook page.
 - There will be no post-game handshakes, but teams should wave and tell the other team "Good Game."
 - Teams should avoid close huddles as much as possible.
 - Westampton Recreation staff and officials will wear a face covering at all times (except when a whistle is being used by officials).

Response Plan for Westampton Recreation Youth Indoor Soccer League

1. What should I do if a participant discloses that they or someone in their household might have been exposed? **PARTICIPANT MAY STAY IN PROGRAM.** According to the Centers for Disease Control and Prevention (CDC) guidelines, participants should:

- Self-monitor for symptoms.
- Practice social distancing.
- Follow CDC guidance if symptoms develop.

During this time, participants are allowed to continue in the program until the person they are in close contact with tests positive or the participant personally experiences symptoms, at which time they should stay home and follow CDC guidelines.

2. What should I do if a participant discloses or it is determined that they have been in close contact with a person who tested positive for COVID-19? **PARTICIPANT REMOVED FROM PROGRAM.** (Note: If the participant has a sibling in our program, the sibling also must be removed.) According to CDC guidelines, the participant should:

- Self-quarantine for 7 days from the last day they were in contact with the person who tested positive.
- Self-monitor for symptoms.
- Follow CDC guidelines if symptoms develop: At the end of 7 days, the participant must be symptom free for at least 72 hours before returning.

3. What should I do if a participant or volunteer coach tests positive for COVID-19? **PARTICIPANT & ALL IN CLOSE CONTACT REMOVED FROM PROGRAM.** (Note: If the participant has a sibling in our program, the sibling also must be removed.) According to CDC guidelines, participants should:

- Self-quarantine for 7 days from the time they first experienced symptoms. If asymptomatic, Day 1 is considered the day they take the test.
- Self-monitor for symptoms.
- Follow CDC guidelines if symptoms develop: At the end of 7 days, the participant must be symptom free for at least 72 hours prior to returning. In the case of a team at games or practices, everyone who has been in close contact with the child or volunteer coach (staff, coaches, and participants) will be required to self-quarantine for 7 days from the last day they were in contact with the participant. Any games or practices during this 7-day period for that team will be canceled. In the case of a clinic or camp session, everyone who has been in close contact with the child (staff and participants) will be required to self-quarantine for 7 days from the last day they were in contact with the participant.

4. Can I require a child to go home (or stay home) if he or she is sick or experiencing symptoms or has other illness symptoms? Yes, children who are sick or experiencing symptoms of COVID-19 or any other illness symptoms should **NOT** be participating in Youth Sports. (Note: If the child has a sibling in our program, the sibling also must be removed.) If the child is already onsite, the supervisor or volunteer coach should contact parent/guardian for immediate pick-up. COVID-19 primary symptoms include:

- Fever.
- Cough.
- Shortness of breath or difficulty breathing.

Other COVID-19 symptoms may include:

- Chills.
- Repeated shaking with chills.
- Muscle pain.
- Headache.
- Sore throat.
- New loss of taste or smell.