## TOWNSHIP OF WESTAMPTON 710 RANCOCAS ROAD WESTAMPTON, N. J. 08060

## **RECREATION DEPARTMENT**

## ADULT INDOOR SOCCER RULES

- > No slide tackling allowed. Players must stay on their feet at all times.
- > No charging. No holding or pushing off with arms. Players must keep hands down.
- > Wearing shin guards is at each player's own discretion.
- Field players may freely rotate at any time during the game. Field player must be off court before sub can enter game. Goalies may be changed at the beginning of a half, after a goal, or any play stoppage.
- Ball may be played off the walls, basketball backboards, bleachers, etc. If the ball goes into the bleachers, spectators are asked to toss it back onto the court. Players may also go into the bleachers to retrieve the ball and toss it back onto the court.

Courtesy: Do not hold it and drop it to yourself; toss it toward two opposing players on the court.

- ➤ Games will be played in two, twenty-five minute halves.
- > There will be four players plus a goalie on the court (total of five on the court).
- > Once the goalie has possession of the ball, ball must put back (throw) in play within 6 seconds. (No punting it.)
- Goalie can not throw the ball past half court. It must land on the ground before the half-court line or hit the side of the wall before the half-court line; otherwise, it results in a direct kick for the other team at half court. Goalie can dribble on their half of court only. Going over is a direct kick at mid-court for the other team.
- > Handball will result in a direct kick for the other team.
- Handball in the goalie area (basketball key) will result in a penalty kick for the other team. All players must stay outside the arch until the ball has been kicked.
- Goalie must keep one foot/hand in the crease (basketball foul shot, painted area) when reaching of ball. Goalie can put one foot outside the crease and keep one inside while retrieving or getting rid of the ball. Once the goalie lifts the second foot, leaving themselves with zero contact to the goal box area, it will be considered a handball inside the crease and a penalty kick will be awarded to the other team.
- > All players must be 5 feet from the ball on all direct kicks or on goal line if needed.
- All referee decisions are final. Only the captain can discuss calls with the referee. If you are ejected from a game, the penalty is a 1-game suspension. A second ejection will result in you being suspended for the rest of the season and possibly not being able to ever participate in this program again. Anyone ejected for fighting will be suspended indefinitely, and the league will decide if and when you are able to return.
- If you wear glasses, please use a band to secure them.
- It is strongly suggested that earrings and rings be removed for everyone's safety.
- All games will be played at the Westampton Middle School Gym, Holly Hills School Gym, Special Services School Main Gym, or Jr/Sr Gym. Check schedule for times and locations.
- Please arrive at least five minutes prior to game time.
- Please keep gym floor clear while games are in progress.
- All players not in the game must be on the stage or in the bleachers.
- Children are welcome at all games but must be supervised at all times and remain in the gym on the stage area or in the bleachers. At no time, can soccer balls be brought in the halls and kicked around.
- In case of inclement weather, team captains will be notified and you can check our website
- (www.westampton.com). Click on Recreation/Indoor Soccer.
- If games are canceled for any reason, follow the next week's schedule.
- Canceled games will not be rescheduled unless gym space allows.

PLEASE REMEMBER THIS IS A CO-ED FUN LEAGUE, SO HAVE FUN!